



Weston Medical Education Foundation of India

Office No:- 99,9th Floor, Kalpataru Avenue, Opp. ESIC Hospital, Kandivali (East) , Mumbai -400101.

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Delight Moment²⁴

17th & 18th October 2024 at Hotel Lemon Tree, Srinagar

The "DELIGHT MOMENT" convened in Hotel Lemon Tree, Srinagar, orchestrated by the esteemed Weston Medical Education Foundation of India. This gathering aimed to amalgamate the expertise of Intensivist & Consultant Physician from across India, fostering a dialogue on the intricacies of managing cardiovascular diseases and its associated complications.

"During the CME, Weston Medical Education Foundation of India emphasized the essential role of such events in bridging the gap between cutting-edge research and everyday medical practice, ensuring wider access to knowledge for the benefit of all doctors and their patients."

Total Participants: 18 distinguished participants

EXPERT

Faculties:

- Dr Deepak Gupta
- Dr. Anugrah
- Dr. Srishti Jain
- Dr Senthil Kumar
- Dr Harish Verma
- Dr. Nadim Akhter Khan
- Dr. K Prashanth Kumar



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AGENDA

DAY 1 - 17th October, 2024

Time: 11:30 A.M. to 3:30 P.M.

11:30 AM to 11:40 AM	Introduction- Objective setting
	WMEFI's Spokesperson
11: 40 AM to 12: 25 PM	Panel discussion: Overview of Antibiotic Resistance: Global Scenario
Moderator	DR. DEEPAK GUPTA
Panellist	DR. PANKAJ OMAR
	DR. SANDHAYA CHENDEL
2: 25 pm to 1: 10 pm	Panel discussion: Bacterial Infection and Golden Hour of sepsis
Moderator	DR. ANUGRAH
Panellist	DR. AKHILESH KUMAR
	DR. ZAKIR JAMADAR
1:10 pm to 1: 55 pm	Lunch Break
1: 55 PM to 2: 40 PM	Panel discussion: Choosing antimicrobials in AKI patients (polymyxin B vs Colistin)
Moderator:	DR. SRISHTI JAIN
Panellist	DR. BHUSHAN NAGARKAR
	DR. C. S. GAUR
2: 40 PM TO 3: 25 PM	Panel discussion: Choosing empirical antifungals in ICU settings-When and how
	Panel Discussion
Moderator:	DR. SENTHIL KUMAR
Panellist	DR. BIJAY POLUSE
	DR. GAURAV JAIN
3: 25 pm to 3: 30 pm	Closing Note
	WMEFI's Spokesperson



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AGENDA

DAY 2 - 18th October, 2024
Time: 11:30 A.M. to 3:30 P.M.

11:30 AM to 11:40 AM	Opening remarks for day 2
	WMEFI's Spokesperson
11: 40 AM to 12: 25 PM	Panel discussion: What Is Antibiotic Stewardship— and How Does It Work?
Moderator	DR HARISH VERMA
Panellist	DR. JITENDRA MISHRA
	DR. PROGNAJEET MANDAL
12: 25 pm to 1: 10 pm	Panel discussion: Optimizing Antimicrobial therapy in Critically Ill Patients with focus on the management of complicated MRSA Infections
Moderator	DR. NADIM AKHTER KHAN
Panellist	DR. KALIMUJJAMAN MOLLA
	DR. MAHESH KISHOR SARDA
1:10 pm to 1: 55 pm	Lunch Break
1: 55 PM to 2: 40 PM	Panel discussion: Combating Antibiotic Resistance in Paediatrics
Moderator:	DR. MAHESH KISHOR SARDA
Panellist	DR. KAUSTUBH VILAS UPADHYE
	DR. VIJAYKUMAR DEVIDASRAO WALTURE
2: 40 PM TO 3: 25 PM	Panel discussion: Restricting antibiotic usage in Neonatal ICU
	Panel Discussion
Moderator:	DR. K PRASHANTH KUMAR
Panellist	DR. PRAVIN ROHIDASRAO BHAGAT
	DR. ANAND MARUTI NIKALJE
	DR. MITHESH KUMAR SUTHAR
3: 25 pm to 3: 30 pm	Closing Note
	WMEFI's Spokesperson



Summary of CME

Day 1:

1. Opening Remarks by WMEFI's Spokesperson

The opening session highlighted the critical importance of addressing antibiotic resistance globally. The spokesperson from WMEFI emphasized the growing public health challenge posed by antimicrobial resistance (AMR) and the need for a collective approach involving healthcare providers, policymakers, and the community to tackle this issue effectively.

2. Panel Discussion: Overview of Antibiotic Resistance—Global Scenario

Moderator: Dr. Deepak Gupta

Panellists: Dr. Pankaj Omar, Dr. Sandhaya Chendel

This session highlighted the alarming rise in antibiotic resistance worldwide, with a focus on emerging superbugs and the clinical challenges they pose. Dr. Gupta moderated a discussion that explored the global impact of antimicrobial resistance, particularly in low-resource settings. Dr. Omar and Dr. Chendel provided insights on the need for stronger global policies, surveillance systems, and education to address the rising tide of resistance.

3. Panel Discussion: Bacterial Infection and the Golden Hour of Sepsis

Moderator: Dr. Anugrah

Panellists: Dr. Akhilesh Kumar, Dr. Zakir Jamadar

This panel focused on the "golden hour" in sepsis management, a critical period in which timely interventions can significantly reduce mortality. Dr. Anugrah guided the discussion on how early detection, rapid antimicrobial therapy, and fluid resuscitation can improve patient outcomes. The panellists shared experiences from ICU settings, emphasizing the importance of identifying bacterial infections quickly and applying protocol-driven management strategies in sepsis cases.

4. Panel Discussion: Choosing Antimicrobials in AKI Patients—Polymyxin B vs. Colistin

Moderator: Dr. Srishti Jain

Panellists: Dr. Bhushan Nagarkar, Dr. C.S. Gaur

This session explored the challenges of selecting the right antimicrobials in patients with acute kidney injury (AKI). Dr. Jain moderated a detailed comparison of Polymyxin B and Colistin, two potent antibiotics often used in cases of multi-drug-resistant infections. The panellists discussed pharmacokinetics, nephrotoxicity concerns, and patient-specific factors that guide the choice of antimicrobials in AKI patients, offering insights into optimizing therapy while minimizing renal complications.



5. Panel Discussion: Choosing Empirical Antifungals in ICU Settings—When and How

Moderator: Dr. Senthil Kumar

Panellists: Dr. Bijay Poluse, Dr. Gaurav Jain

The final session examined the use of empirical antifungal therapy in ICU patients, particularly those at high risk for fungal infections. Dr. Kumar led the discussion on when and how to initiate antifungal treatment, balancing the risks of over-treatment with the dangers of delayed therapy. Dr. Poluse and Dr. Jain shared their approaches to diagnosing and managing fungal infections in critically ill patients, with a focus on evidence-based practices and guidelines for optimal patient care.

Day 2:

6. Panel Discussion: What Is Antibiotic Stewardship—and How Does It Work?

Moderator: Dr. Harish Verma

Panellists: Dr. Jitendra Mishra, Dr. Prognajeet Mandal

This session explored the key concepts of antibiotic stewardship, focusing on the practical strategies to promote the responsible use of antibiotics in healthcare settings. The panel discussed how stewardship programs aim to optimize antibiotic prescribing, reduce resistance, and improve patient outcomes. Dr. Verma moderated an engaging discussion where the panellists emphasized the importance of multidisciplinary collaboration, robust infection control policies, and continuous education in the successful implementation of stewardship practices.

7. Panel Discussion: Optimizing Antimicrobial Therapy in Critically Ill Patients with a Focus on the Management of Complicated MRSA Infections

Moderator: Dr. Nadim Akhter Khan

Panellists: Dr. Kalimujjaman Molla, Dr. Mahesh Kishor Sarda

This discussion centered around the challenges of treating critically ill patients with complicated Methicillin-resistant *Staphylococcus aureus* (MRSA) infections. Dr. Khan led the conversation, where the panellists shared insights on the role of targeted antimicrobial therapies and the importance of early and accurate diagnosis. They highlighted advances in treatment protocols and how personalized care can enhance outcomes, particularly in severe and resistant infections like MRSA.

8. Panel Discussion: Combating Antibiotic Resistance in Paediatrics

Moderator: Dr. Mahesh Kishor Sarda

Panellists: Dr. Kaustubh Vilas Upadhye, Dr. Vijaykumar Devidasrao Walture

The session addressed the growing concern of antibiotic resistance in pediatric populations. Dr. Sarda moderated a panel that discussed the appropriate use of antibiotics in children, focusing on challenges unique to pediatric care. Panellists emphasized the critical role of tailored treatment



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plans, preventive measures like vaccinations, and education for caregivers to reduce unnecessary antibiotic use in children.

9. Panel Discussion: Restricting Antibiotic Usage in Neonatal ICU

Moderator: Dr. K Prashanth Kumar

Panellists: Dr. Pravin Rohidasrao Bhagat, Dr. Anand Maruti Nikalje, Dr. Mithesh Kumar Suthar

The final panel focused on restricting antibiotic use in neonatal ICUs to prevent resistance and ensure the safety of newborns. The discussion covered strategies for reducing over-prescription, implementing stricter diagnostic criteria, and balancing the need for infection control with minimizing unnecessary antibiotic exposure. Panellists shared experiences from neonatal care and the importance of integrating stewardship practices in NICUs.

10. In the end of this CME, the Weston Medical Education Foundation of India extended, its sincere vote of thanks to the attending delegates and acknowledged the academic industry partners for their valuable support and contribution to the success of this event.

- **Samarth Life Science Pvt. Ltd. (Elite Sponsor)**
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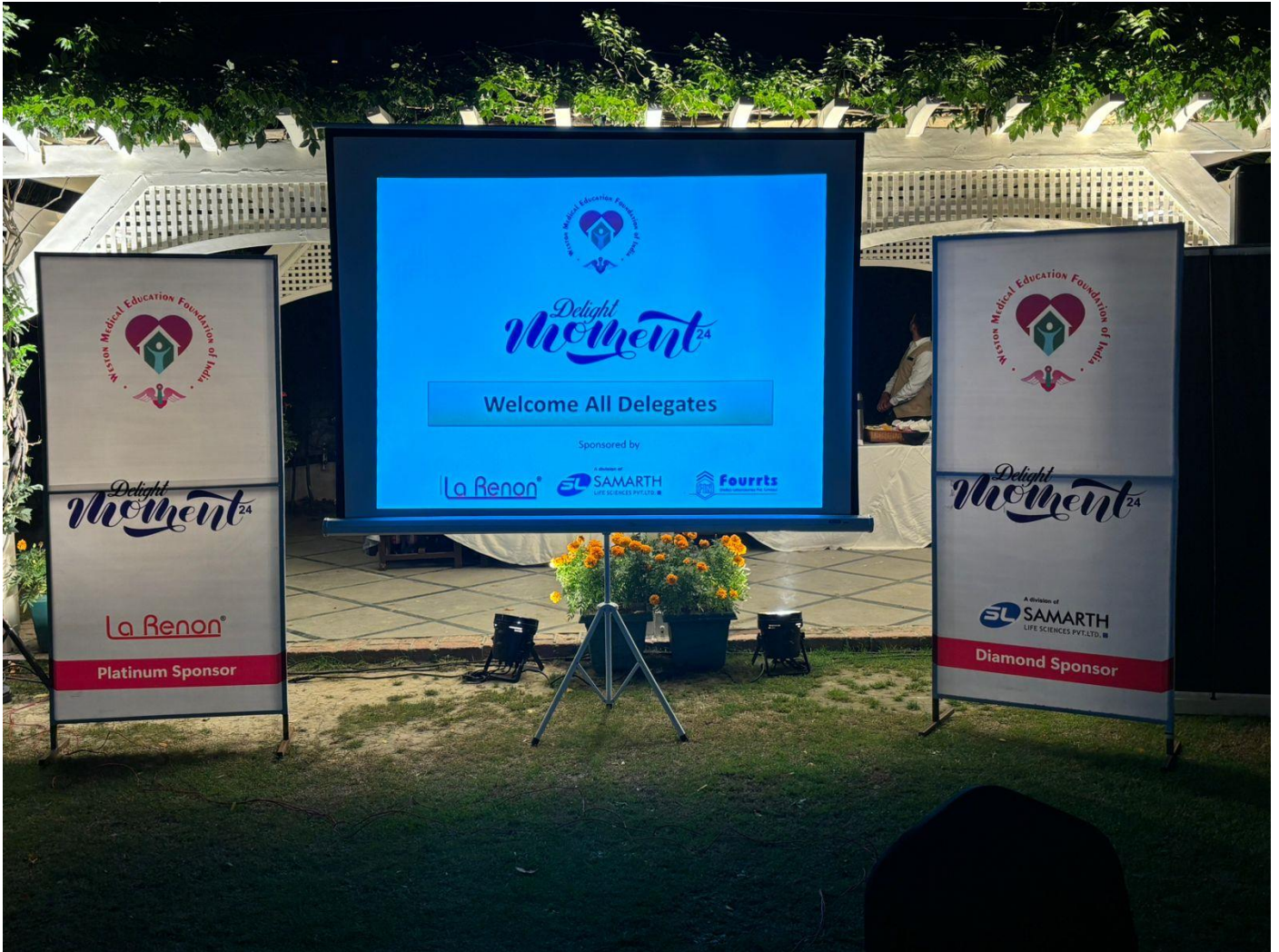


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Photos of CME





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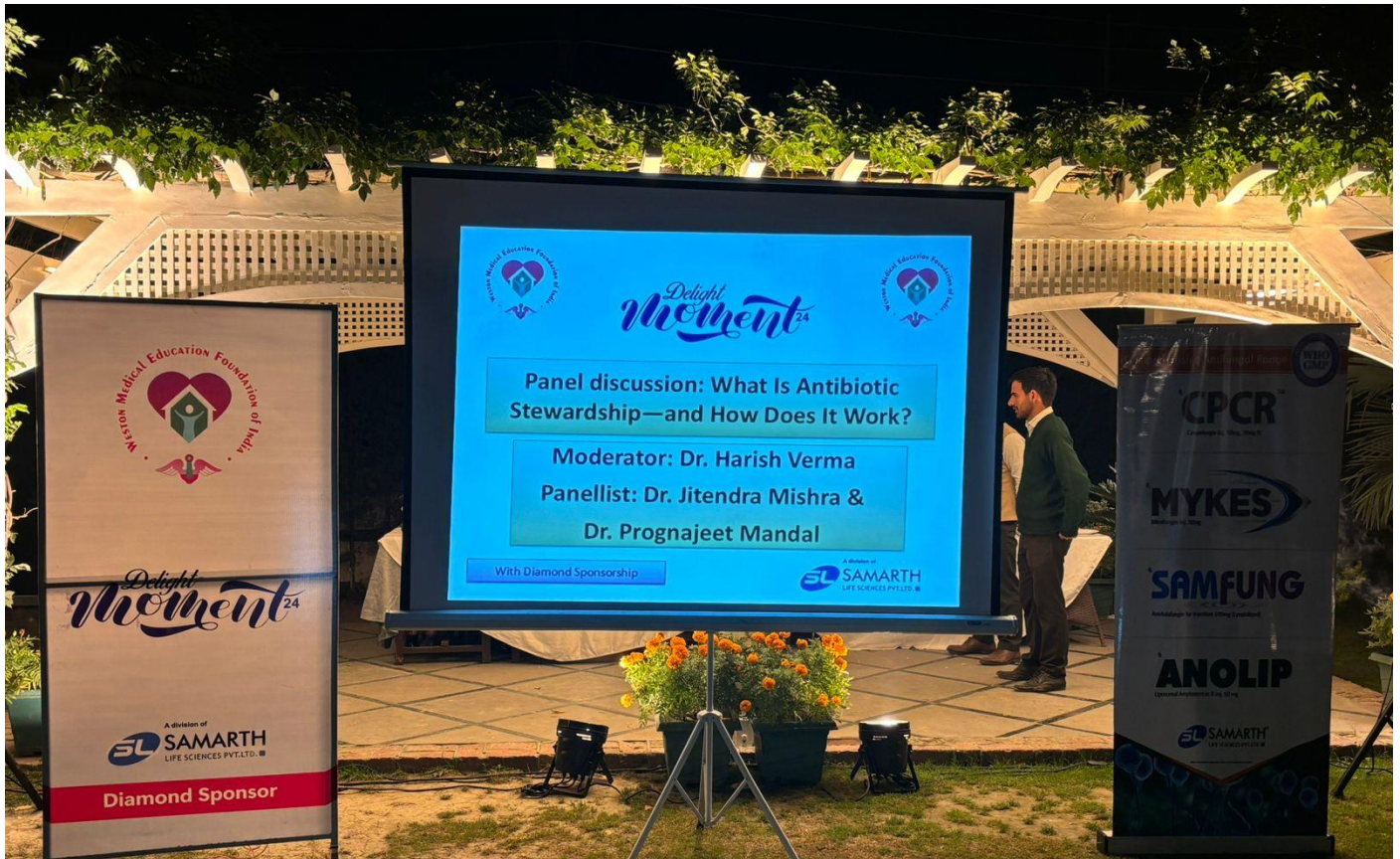




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